

May 9, 2016

Breastfeeding, Nutrition Education and Outreach Plans for 2017

The three plan templates are available. Each Region submits a Breastfeeding Plan, Nutrition Education Plan, and an Outreach Plan for the next fiscal year. Plans are due by close of business on August 31, 2016. Please review your data provided at the recent Conference when making your Breastfeeding and Nutrition Education Plans. Outreach Plans should focus on activities to promote eWIC to potential and former participants. If you have any questions, contact Chris for the Breastfeeding Plan, Lacy for the Nutrition Education Plan and Kelly for the Outreach Plan.

NWA Nutrition and Breastfeeding Conference in Denver, CO

The State WIC Office will have some funds available to send local agency staff to the NWA Nutrition & Breastfeeding conference in Denver, CO September 8-10, 2016. The <u>agenda</u> and more information can be found on the NWA website. If you would like to attend the conference, please email Kate Girard (link <u>kgirard@mt.gov</u>) with your request no later than May 31, 2016. If you requested reallocation funds for this purpose, we will be in contact to let you know which funding source to use

2017 Civil Rights Training

The template for <u>Civil Rights Training</u> is now available. The training is located under the training tab on the website, and the sign-in form is the last page on the training PowerPoint.

Local agency directors are responsible for handing in one sign-in form **per agency** (that includes satellite clinics) to Kelly at the state office. The due date for this is August 31, 2016. If you have any questions, please contact Kelly. Thanks!

WIC Futures Group

As previously mentioned, we are having our last WIC Futures Study Group meeting next Monday, May 16th. Please see attached <u>agenda</u> for details. Observers are welcome to attend, but if you have not RSVP'd yet, plan to bring your own lunch.

At the Spring Conference we talked about the transition to a new Work Group, which will have members appointed by MAWA. The MAWA board is in the process of recruiting members for the group, reference this attachment and questionnaire for more information.

Reports Available:

Benefits Issued and Redeemed March 2016, Breastfeeding and Peer Counselor Report April 2016, May 15-April 16 Participation

Nutrition Education in Montana

The <u>2016 Nutrition Education Directory</u> has been development specifically for Montana. This directory is designed to connect you with nutrition education programs available for youth and families around Montana. This directory was developed by Montana School Nutrition Programs of the Office of Public Instruction (OPI) in cooperation with the many nutrition programs listed in this directory.

Avocado Mashipes for Infants

Love One Today has produced a nutrition <u>educational handout</u> on using avocados in the diets of older infants. If some of the foods have been exchanged for the fresh fruit and vegetable benefit, this may be an item parents are interested in for their older infant.

Online Nutrition Classes at Santa Fe Community College in New Mexico

Santa Fe Community College is offering online nutrition courses in the Summer and Fall Semesters. The course offerings and instructions for registering are <u>available</u>. If you have questions about tuition and fees see the webpage <u>www.sfcc.edu</u>. Gretchen Scott is out-of-the-office until the second week of August, but will be checking emails while she is out. Even if a course appears full, there may be a few open seats Gretchen is holding for WIC staff to use. If you have a "hard to hire" exception for an RN to act as a CPA, this is a good way to obtain the additional college level nutrition courses. Course costs are not covered by the State Office and would be paid from your local agency budget.

Weekly Risk Code Highlight

Risk Code 360, Other Medical Conditions is defined as diseases or conditions with nutritional implications that are not included in any other the other medical conditions. The current condition, or treatment for the condition, must be severe enough to affect nutritional status. This includes but is not limited to: Juvenile Rheumatoid Arthritis (JRA), Lupus Erthematosus, Cardio Respiratory Diseases, Heart Disease, Cystic Fibrosis, Persistent Asthma (moderate or severe) requiring daily medication. Presence of medical conditions diagnosed, documented, or reported by a physician or someone working under a physician's orders, or as self-reported by applicant/participant/caregiver. See attached clarification for more information about self-reporting diagnosis.

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